

Grŵp Trawsbleidiol ar Diabetes

Cross Party Group on Diabetes

05.03.24. 12:30 – 13:30

Conference Room A, Ground Floor, Ty Hywel

Cadeirydd | Chair: Jayne Bryant MS

Is Cadeirydd | Vice Chair Joel James MS

Ysgrifennydd | Secretary: Diabetes UK Cymru, Mathew Norman, Deputy Director

Attendance

In-person

- Lloyd Murfin, Living with Type 1 Diabetes
- Rob Lee, Vice Chair of AWDPRG
- Rachel Burr, Director of Diabetes UK Cymru
- Dr Cerys Marshall, Principal Clinical Psychologist
- Sam Otorepec, Dexcom
- Lee Gonzalez (From the office of Joel James MS)
- Mark Isherwood MS
- Jayne Bryant MS, Chair
- Mathew Norman, Deputy Director of DUK Cymru and Secretariat

Virtually

- Professor Jim McManus, Public Health Wales
- Ian Bell, Public Health Wales
- Catherine Washbrook-Davies, All Wales Nutrition & Dietetic lead for Diabetes.
- Chris Cottrell, Diabetes Education/Think Glucose Lead & DSN
- Joanne Oliver, NHS Wales Implementation Groups and Network Manager
- Lisa Marie Morris, Clinical Psychologist, Diabetes
- Dr Rose Stewart, Adult Diabetes Psychologist Lead for Wales
- Sara Crowley, Diabetes Transitional Care National Coordinator
- Tess Saunders, RCPOD

Apologies from:

- Peredur Owen Griffiths MS
- Scott Crawley
- Peter Spriggs
- Joel James MS
- Jenny Rathbone MS
- Mabon ap Gwynfor MS

Agenda:

Time Amser	Pwnc	Topic
12:30	1. Cyflwyniadau	1. Introductions
12:35	2. Materion yn codi o'r cyfarfod ym mis Medi 2023. Newyddion Da ynghylch Rhaglen Atal Diabetes Cymru Gyfan.	2. Matters arising from the September 2023 meeting. Good News regarding the All Wales Diabetes Prevention Programme.
12:40	3. Cyflwyniad a chyflwyniad gan yr Athro Jim McManus, y Cyfarwyddwr Cenedlaethol dros Iechyd a Lles, Iechyd Cyhoeddus Cymru.	3. Presentation and introduction from Professor Jim McManus, National Director of Health and Wellbeing, Public Health Wales.
13:00	4. Trafodaeth Holi ac Ateb	4. Discussion Q&A
13:10	5. Cyflwyniad gan Ddiabetes UK Cymru ar Adroddiad y Grŵp Trawsbleidiol "Adolygiad Diabetes Cymru Gyfan" ac ymrwymadau gan y Gweinidog dros Iechyd a Gwasanaethau Cymdeithasol Eluned Morgan AS	5. Presentation from Diabetes UK Cymru on the CPG Report "All – Wales Diabetes Review" and commitments by the Minister for Health and Social Services Eluned Morgan MS
13:25	6. UFA	6. AOB
13:30	7. Cau	7. Close

1. Cyflwyniadau | Introductions (5 min)

<ul style="list-style-type: none"> • Ymddiheuriadau • Cyflwyniad cyflym gan fynychwyr. 	<ul style="list-style-type: none"> • Apologies • Quick introduction by attendees.
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2. Materion yn codi o'r cyfarfod ym mis Medi 2023. Newyddion Da ynghylch Rhaglen Atal Diabetes Cymru Gyfan | Matters arising from the September 2023 meeting. Good News regarding the All Wales Diabetes Prevention Programme. (5 min)

<ul style="list-style-type: none"> • Pryderon gan y Grŵp ynghylch ariannu Rhaglen Atal Diabetes Cymru Gyfan yn y dyfodol. • Cadarnhawyd gan y Dirprwy Weinidog Lynne Neagle AS y bydd y cyllid yn parhau tan fis Mawrth 2025. Gellir dod o hyd i Gwestiwn ysgrifenedig gan Russell George, AS, yma. <p>Jayne Bryant AS:</p> <p>Cynigiodd Russell George AS gwestiwn ar ran DUK i gadarnhau cyllid parhaus y Rhaglen Atal Diabetes ar gyfer 24/25.</p> <p>Er bod hwn yn ddatblygiad cadarnhaol, credwn ei bod yn hanfodol eiriol dros fuddsoddiad hirdymor yn y rhaglen a'i hintegreiddio i lwybrau gofal iechyd ledled Cymru. Drwy wreiddio'r rhaglen, gallwn gefnogi pobl sydd newydd gael diagnosis o ddiabetes math 2 yn effeithiol a lleihau'r risg o gymhlethdodau yn y dyfodol a achosir gan fyw gyda diabetes math 2 a chlefydau eraill sy'n gysylltiedig â phwysau. Rydym yn annog Llywodraeth Cymru i roi blaenoriaeth i gynaliadwyedd ac ehangiad y fenter hanfodol hon yn y prosesau cyllidebol sydd i ddod ar gyfer blwyddyn ariannol 25/26.</p>	<ul style="list-style-type: none"> • Concerns by the CPG on the future funding of the All-Wales Diabetes Prevention Programme. • Confirmed by Deputy Minister Lynne Neagle MS that the funding will continue until March 2025. A written Question from Russell George, MS, can be found here. <p>Jayne Bryant MS:</p> <p>A question was proposed by Russell George MS on behalf of DUK to confirm the continued funding of the Diabetes Prevention Programme for 24/25.</p> <p>While this is a positive development, we believe it is crucial to advocate for long-term investment in the programme and its integration into healthcare pathways throughout Wales. By embedding the programme, we can effectively support people newly diagnosed with type 2 diabetes and reduce the risk of future complications caused by living with type 2 diabetes and other weight-related diseases. We urge the Welsh Government to prioritise the sustainability and expansion of this vital initiative in the upcoming budgetary processes for the 25/26 financial year.</p>
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3. Cyflwyniad a chyflwyniad gan yr Athro Jim McManus, y Cyfarwyddwr Cenedlaethol dros Iechyd a Lles, Iechyd Cyhoeddus Cymru. | Presentation and introduction from Professor Jim McManus, National Director of Health and Wellbeing, Public Health Wales.

<ul style="list-style-type: none"> • Data diweddar gan Iechyd Cyhoeddus Cymru ar Mynychder diabetes - tueddiadau, ffactorau risg, ac amcanestyniadau 10 mlynedd yma. <p>Munudau:</p> <ul style="list-style-type: none"> - Nod Iechyd Cyhoeddus Cymru yw lleihau nifer yr achosion o ddiabetes yn y 5 mlynedd nesaf. - Mae sawl ffrwd gwaith, ac mae'r rhaglen yn adrodd i Fwrdd Arwain y GIG a'r rhwydwaith clinigol cenedlaethol ar gyfer diabetes. - Amcangyfrifir mai cost diabetes i'r GIG yw 10% o'r gyllideb. - Disgwylir i nifer y bobl sydd mewn perygl o ddatblygu diabetes math 2 gynyddu, gan arwain at gostau uwch i'r GIG. - Nod y gwaith yw atal a lleihau'r cynnydd yn nifer yr achosion o ddiabetes o 15% i 20% o'r effaith bresennol ar gyllideb y GIG. - Mae'r rhaglen yn canolbwyntio ar atal dyfodiad diabetes math 2 a rheoli ffactorau risg sydd wedi'u rheoli'n wael. - Mae'r rhaglen hefyd yn anelu at atal sefydlu cyn-diabetes. - Gwerthfawrogir y cyllid ar gyfer rhaglenni fel yr AWDPP a chaiff ei ehangu wrth i'r rhaglen ddatblygu. - Mae'n bwysig buddsoddi mewn atal diabetes gan fod y gost o wneud dim yn uwch. - Nid yw arwyddion genetig neu gysylltiadau teuluol â diagnosis yn cael eu cynnwys yn y rhaglen ar hyn o bryd, ond efallai y caiff hyn ei adolygu yn y dyfodol. - Mae cyfanswm costau diabetes yn cynnwys cymhlethdodau uniongyrchol ac 	<ul style="list-style-type: none"> • Recent data release from Public Health Wales on Diabetes prevalence – trends, risk factors, and 10-year projection can be found here. <p>Professor Jim McManus with Ian Bell from Public Health Wales shared a short version of his slides due to technical difficulties with the log in:</p> <p>Minutes:</p> <ul style="list-style-type: none"> - Public Health Wales aims to reduce the prevalence of diabetes in the next 5 years. - There are several workstreams, and the program reports to the NHS Leadership board and the national clinical network for diabetes. - The cost of diabetes on the NHS is estimated to be 10% of the budget. - The number of people at risk of developing type 2 diabetes is expected to increase, leading to higher costs for the NHS. - The aim of the work is to prevent and reduce the increase in prevalence of diabetes by 15% to 20% of the current impact on the NHS budget. - The program focuses on preventing the onset of type 2 diabetes and managing poorly controlled risk factors. - The program also aims to prevent the establishment of pre-diabetes. - The funding for programs like the AWDPP is appreciated and will be expanded as the program develops. - It is important to invest in diabetes prevention as the costs of doing nothing are higher.
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<p>anuniongyrchol, ond nid yw'r costau anuniongyrchol yn gynhwysfawr.</p> <ul style="list-style-type: none"> - Gall rhaglenni cynhwysfawr sy'n mynd i'r afael â chlefydau a chyflyrau eraill hefyd arwain at ostyngiadau mewn diabetes. - Mae'r amserlen ar gyfer cyflawni gostyngiad o 15-20% mewn mynychder yn ansicr. - Mae cymorth iechyd meddwl yn bwysig i bobl sy'n byw gyda diabetes, a nod y rhaglen yw ymgorffori llwybrau iechyd meddwl cryf. - Gall llawdriniaeth fariatrig arbed arian i'r GIG yn y tymor hir, ond nid yw manylion ei heffaith ar atal diabetes wedi'u harchwilio. - Bydd y rhaglen yn cael ei gwerthuso dros 5 mlynedd, gyda diweddariadau rheolaidd i'r Gweinidog. - Nid yw'r rhaglen yn cynnwys darpariaeth seicolegol. - Bydd y rhaglen yn cael ei gwerthuso a bydd argymhellion yn cael eu gwneud i'r Gweinidog a'r bwrdd. 	<ul style="list-style-type: none"> - Genetic indications or family links with a diagnosis are not currently factored into the program, but this may be reviewed in the future. - The total costs of diabetes include both direct and indirect complications, but the indirect costs are not comprehensive. - Comprehensive programs that address other diseases and conditions can also lead to reductions in diabetes. - The timeline for achieving a 15-20% reduction in prevalence is uncertain. - Mental health support is important for people living with diabetes, and the program aims to incorporate strong mental health pathways. - Bariatric surgery can save NHS money in the long term, but the details of its impact on diabetes prevention have not been explored. - The evaluation of the program will take place over 5 years, with regular updates to the Minister. - The program does not include psychological provision. - The program will be evaluated and recommendations will be made to the Minister and the board.
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4. C&B | Q&A (10 min)

<ul style="list-style-type: none"> • Cwestiynau am y cyflwyniad. 	<ul style="list-style-type: none"> • Questions on the presentation.
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5. Cyflwyniad gan Ddiabetes UK Cymru ar Adroddiad y Grŵp Trawsbleidiol “Adolygiad Diabetes Cymru Gyfan” ac ymrwymadau gan y Gweinidog dros Iechyd a Gwasanaethau Cymdeithasol Eluned Morgan AS | Presentation from Diabetes UK Cymru on the CPG Report “All – Wales Diabetes Review” and commitments by the Minister for Health and Social Services Eluned Morgan MS

<ul style="list-style-type: none"> • Mae adroddiad y Grŵp i'w weld yma ar y wefan. <p>Camau dilynol, cytunwyd i ysgrifennu at y Gweinidog dros Iechyd a Gwasanaethau</p>	<ul style="list-style-type: none"> • The Group's report can be found here on the website. <p>Follow up action, it was agreed to write to the Minister of Health and Social Services</p>
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<p>Cymdeithasol ar ran y Grŵp Trawsbleidiol ar Ddiabetes i ddiolch iddi am fynychu a siarad yn y digwyddiad. Ymhellach i ofyn am ddiweddariad ynglŷn â phryd mae Llywodraeth Cymru yn bwriadu ymateb i'r argymhellion yn yr adroddiad.</p>	<p>on behalf of the CPG on Diabetes to thank her for attending and speaking at the event. Further to also seek an update as to when the Welsh Government plans to respond to the recommendations in the report.</p>
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Actions – write to the Minister and also write to the Health Committee

6. AoB

<p>- Soniodd Lloyd am yr amcangyfrif o achosion ataliadwy a chostau a arbedwyd a nododd y bydd pobl o wahanol grwpiau risg bob amser. Roedd yn ei chael yn ddiddorol bod £1 miliwn yn 10% o gyfanswm costau'r GIG, gan amlygu'r cyferbyniad rhwng y ddau rif.</p> <p>- Dywedodd Catherine wrth y grŵp fod gwerthusiad parhaus yn digwydd, gydag ymchwil a datblygiad cadarn. Mae'r gwerthusiad yn cael ei gynnal gan SAVU, ac mae rhywfaint o ddata canlyniadau i gefnogi'r broses o ddyrannu cyllid. Mae nifer y bobl sy'n ymwneud â chynnydd y rhaglen yn cael ei benderfynu a bydd ar gael mewn da bryd.</p> <p>- Cychwynnodd Rob drafodaeth ar bwnc gofal iechyd sy'n seiliedig ar werth a'i oblygiadau ar gyfer diabetes. Archwiliodd y grŵp yr hyn y mae gofal iechyd sy'n seiliedig ar werth yn ei olygu a sut y caiff ei ymgorffori yn y rhaglen.</p> <p>-Clywodd y cyfarfod hefyd y bydd cyflwyniad gan Dechnoleg Iechyd Cymru ar y pwnc o ddiabetes math 2 a'r defnydd o dechnoleg, yn benodol y system dolen gaeedig hybrid.</p>	<p>- Lloyd mentioned the estimate of preventable cases and costs saved and noted that there will always be people from different risk groups. He found it interesting that £1 million is 10% of the total NHS costs, highlighting the contrast between the two numbers.</p> <p>- Catherine informed the group that there is ongoing evaluation taking place, with robust research and development. The evaluation is being conducted by SAVU, and there is some outcome data to support the allocation of funding. The number of people involved in the progress of the program is being determined and will be available in due time.</p> <p>- Rob initiated a discussion on the topic of value-based healthcare and its implications for diabetes. The group explored what value-based healthcare entails and how it will be incorporated into the program.</p> <p>-The meeting also heard that there will be a presentation from Health Tech Wales on the topic of type 2 diabetes and the use of technology, specifically the hybrid closed loop system.</p>
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7. Cau |Close

<ul style="list-style-type: none">• Dyma ddyddiadau'r cyfarfodydd nesaf:<ul style="list-style-type: none">○ Ar ôl y Pasg• Ewch ag unrhyw fwyd dros ben yn ôl gyda chi i'r swyddfa/cartref	<ul style="list-style-type: none">• The next meeting dates are:<ul style="list-style-type: none">○ After Easter tbc• Take any left-over food back with you to office/home
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